

BUILDING LASTING FRIENDSHIPS

ADULT EDUCATION GROUP

**9-week in-person group for adults with
autism or intellectual disabilities.**

1 Mediator Training Session (Virtual)
8 Client Teaching Sessions (In Person)
Starting June 6, 2024

Weekly Thursdays from 1:30 pm to 3:00 pm
In-Person at 900 Hopkins St. Unit 8, Whitby ON. L1N 6A9



REGISTRATION

For DSO-eligible clients residing in Durham make a referral through Developmental Services Ontario (DSO) at 1-855-277-2121. Register by May 31, 2024.

For non-DSO eligible clients or those residing outside of the Durham Region a group fee of \$845.11 applies. Contact +12892467317 or email akennedy@lrcss.com. Register by May 6, 2024.

For more information on the group: Email Natalie Driscoll via adultgroups@lrcss.com



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SCHEDULE

Weekly on Thursdays 1:30 pm to 3:00 pm

Date	Topic
6-Jun-24	Mediator Training (virtual)
13-Jun-24	Introduction and Initiating Conversations
20-Jun-24	Showing Interest, Choosing and Changing Topics
27-Jun-24	Maintaining Conversations
4-Jul-24	Assertiveness Skills
11-Jul-24	Making Friends
18-Jul-24	Electronic Communication and Social Media
25-Jul-24	Conflict Resolution
1-Aug-24	Review



INDIVIDUAL SKILL REQUIREMENTS

Joint attention skills • Discrimination skills • Echoic skills • Motor imitation skills • Ability to follow common 1- step instructions • Participate in session with limited caregiver assistance • Safety concerns and challenging behaviour are low and/or caregivers are able to safely manage any challenging behaviour.

ELIGIBILITY CRITERIA

Individuals must be 18 years and older with intellectual/developmental disabilities or a diagnosis of autism spectrum disorder.