



Everyone can thrive

FEE BASED SERVICES GUIDE

Your complete guide to individualized applied behaviour analysis services and pricing



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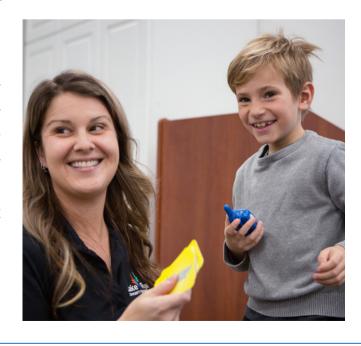
Introduction to Fee-Based Individual Applied Behaviour Analysis (ABA) Services at Lake Ridge Community Support Services (LRCSS)

LRCSS provides ABA services directly to clients, family members, and caregivers through our Consultative and Focused ABA programs. Services can be provided in-person at LRCSS (within the community or client residence) or virtually. ABA services can be used to teach individuals new skills or to reduce interfering behaviours.

What Goals Can Be Targeted During ABA Therapy?

- 1. Communication
- 2. Personal Responsibility/Adaptive Skills (i.e., activities of daily living such as dressing or eating)
- 3. Motor Skills
- 4. Social/Interpersonal Skills
- 5. Play and Leisure Skills
- 6. School Readiness
- 7. Cognitive Functions (e.g., skills like problem-solving and planning)
- 8. Vocational Skills (i.e., skills to increase success in a workplace setting)
- 9. Self-Regulation (i.e., skills to calm or focus oneself)
- 10. Challenging Behaviour (i.e., reducing interfering behaviour and teaching appropriate alternatives)

One of the primary goals in ABA is to meet individuals where they are at to strengthen their independence, safety and overall quality of their day to day lives. ABA clinicians work alongside their clients, families and community supports to determine goals and treatment strategies that will be most meaningful and impactful.



What is Applied Behaviour Analysis?

Applied Behaviour Analysis or ABA uses a highly individualized approach that encompasses each person's unique values, interests, and motivations. ABA focuses on the use of positive, evidence-based strategies to teach new skills and decrease behaviours that are negatively impacting one's daily life.

As a field, ABA has evolved significantly across history. Unfortunately much misinformation still remains about the use of ABA in practice. Although early behavioural approaches placed a greater focus on punishment procedures to decrease interfering beahviours, in modern ABA these practices are rarely used. Punishment procedures (e.g., time out, removing a token) are ONLY used when all other reinforcement-based interventions have been tried and there is a continued risk of harm to self or others. In addition, prompts used to help individuals learn are tailored to the individual's learning style, using least intrusive prompts whenever possible. This means that our therapists only use physical prompts when absolutely necessary for learning.

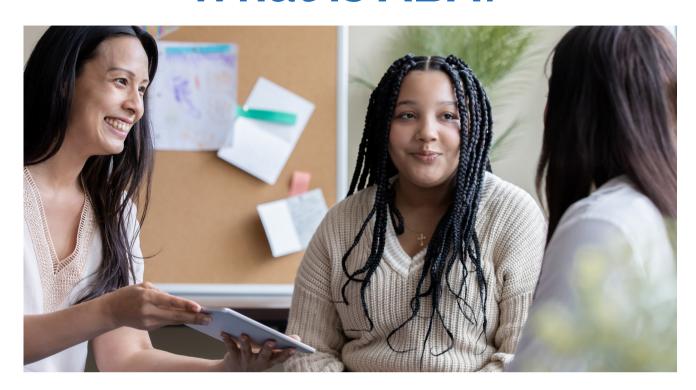


Some of these strategies include:

- Prompting
- Reinforcement-based strategies
- Preventative/proactive approaches
- Breaking down tasks into smaller components
- Behaviour Skills Training (BST)
- Direct Instruction
- Natural Environment Teaching (NET)
- Mediator Coaching
- And many more!



What is ABA?



Ensuring informed consent and assent from all individuals and their families is a big component of a successful ABA program. This means that choosing goals, treatment strategies and determining success is an ongoing conversation between the clinician and individual(s) they are working with. A review of behavioural data and continued conversations are used to determine if something is working or if something needs to be changed. This ensures that everyone is always on board with the treatment plan and is more likely to lead to successful outcomes.

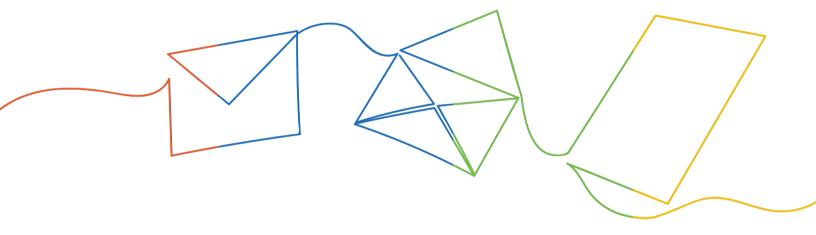
For additional information on ABA and some of the common misconceptions about ABA you may find this article helpful:

<u>Understanding ABA: A Quick Reference Guide on Applied Behaviour Analysis for Families</u>

ABA Services Intake Journey at LRCSS

Every client's journey within fee-based services starts off by speaking with one of our Service Navigators. During your interaction, the Service Navigator will discuss all of our service options that are available to you and how to access these services.

Our intake team continually monitors our ABA clinician availability within our program. As an ABA spot becomes available this is offered to interested families on a first come, first serve basis. Where interest by multiple clients is expressed, a decision will be made based on when a client first contacted our Service Navigation team.



When an ABA spot becomes available, families will be notified via an Expression of Interest email. This will outline: a) the number of hours available; b) the number or type of goals best suited for these hours; c) day(s) of service; d) time of service; e) an estimated cost for the service.

If you would like to be placed on our email list to receive these Expression of Interest emails OR you have any questions about the process, you can do so by contacting our Service Navigator team (905) 666-9688 ext 500

After you are on our email list, you can expect that one of our Service Navigators will reach out to you to inquire about additional information (e.g., diagnosis, medication, school information, previous services, general needs and skills, goals, funding options).

Once you have been chosen for an Expression of Interest offering, you will be contacted by our Service Navigator to complete a complimentary Initial Assessment. There is no charge for this assessment. During this time you will meet with a Clinical Coordinator to discuss service options based on your service goals and our clinical recommendations.

After the Initial Assessment meeting has been completed, we will share a service estimate with you to review/consider which will contain the cost of our service, as well as our service recommendations (e.g., location of service, length of service, and therapy team compilation).

You will have **5 days** to decide if you would like to move forward with services as planned. If you are in agreement you may click the ACCEPT ESTIMATE link directly in the document itself and it will notify your Clinical Coordinator that you would like to begin services. It will also direct you to complete a form containing more detailed questions about your funding information and invoicing needs.

If you have any questions regarding the estimated hours, pricing, goals, etc. it is important to reach out to your Clinical Coordinator within that **5 day** window to ensure you have all of the information needed to make an informed decision. Your Clinical Coordinator can be reached at (905) 666-9688 ext 565.

Step 1: Service Navigation Step 2: Intake Step 3: Clinical Coordination Step 4: Accepting Estimate ✓ Contact Service Navigator ✓ When you see a clinical Initial Assessment ✓ Respond to estimate prior to expiry outlined in to discuss services spot you are interested in (virtual or in person) respond via email within involve a caregiver ✓ Get placed on expression the time period outlined interview and direct of interest list ✓ Click ACCEPT estimate assessment with client link in document approx. 1 hr ✓ Monitor your email to see ✓ The successful candidate which ABA spots become will be contacted to available schedule a **√** Following ✓ Complete Form regarding Initial complimentary Initial Assessment an estimate funding information ✓ Build your client file with Assessment with our will be sent outlining us by responding to Clinical Coordinator hours, cost, length of ✓ If no response inquiries for more (BCBA) estimate expiry you will service and location information from our be removed from our Service Navigator email list ✓ To remain on our email list inform our Clinical Coordinator

Consultative ABA Services

The ABA program that will work for your family will be determined based on your commitment to service, budget, and complexity of the individual's goals. This will be further discussed with the Clinical Coordinator during your Initial Assessment.

Our Consultative service packages typically target 1 or 2 individualized goals.

Services are delivered in two ways: (a) A caregiver coaching model where we work with caregivers to learn the tools to support individuals with their goals; (b) A direct service model where we work directly with the individual and provide caregiver coaching.

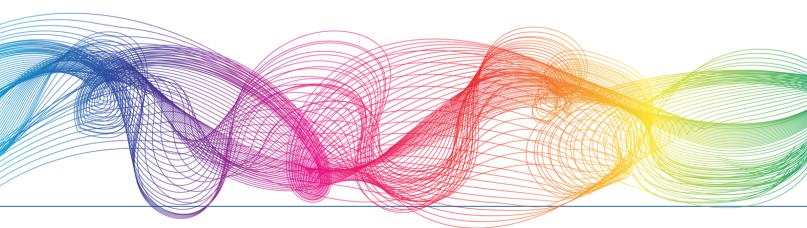
Our Hours of Operation are:

- Monday to Thursday 8:30 a.m. 7:30 p.m.
- Fridays 8:30 a.m. 4:00 p.m.
- Please note that our evening services are in high demand and therefore the wait time for evening time slots may be longer.
 As well, evening hours are not always recommended based on an individual's age or goals.



Tarisha Singh, BCBA Fee Based Program Manager, Consultative & Group Programs

Costs of services in this guide are NOT formal estimates. A formal estimate will be provided to you after your Initial Assessment meeting with the Clinical Coordinator.



CONSULTATIVE PACKAGE 1:

- ✓ The consultative service will provide caregiver coaching and some 1:1
 teaching to the individual and will work towards transferring learned
 skills to new or various environments.
- A Behaviour Consultant will provide direct service to the client and support caregiver coaching;
- ✓ A Clinical Manager will provide additional oversight and supervision to the clinical team;

YOUR INVESTMENT'

CONSULTATIVE PACKAGE 1:

- 1 session per week for 1 hour;
- Targets 1 priority service goal (2 goals if time permits);

\$6,906.69

\$8,442.72



Additional hours may be recommended that would increase this cost.

Please note, additional costs may be added to our packages as required to accommodate collaboration with other professionals, use of benefits (e.g., requiring oversight from a clinical psychologist), or travel expenses

CONSULTATIVE PACKAGES 2 & 3:

- ✓ A Behaviour Technician will work directly with the individual and provide mediator coaching to transfer the skills taught to other environments;
- ✓ A Behaviour Technician will provide direct service to the client or support caregiver coaching;
- ✓ A Behaviour Consultant will provide oversight to the Behaviour Technician if one is included in your service model and may also support direct sessions and caregiver coaching;
- ✓ A Clinical Manager will provide additional oversight and supervision to the clinical team

CONSULTATIVE **PACKAGE 2:**

- 2 sessions per week; each session is 1 hour in duration; Total of 2 hours per week;
- Targets 1 or 2 priority service goals;

CONSULTATIVE **PACKAGE 3:**

- 2 sessions per week; each session is 2 hours in duration; Total of 4 hours per week;
- Targets multiple service goals (2) to 4 goals depending on the complexity of the goal);

YOUR INVESTMENT*

20-WEEKS \$11,549.65

25-WEEKS \$15,421.85

20-WFFKS \$15,582.19

25-WEEKS \$19,288.17

Additional hours may be recommended that would increase this cost.

^{*}Please note, additional costs may be added to our packages as required to accommodate collaboration with other professionals, use of benefits (e.g., requiring oversight from a clinical psychologist), or travel expenses*

Focusd ABA Services

The ABA program that will work for your family will be determined based on your commitment to service, budget, and the complexity of the individual's goals. This will be further discussed with the Clinical Coordinator during your Initial Assessment.

Our Focused Packages typically target between 5 - 12 goals depending on the complexity of the goal.

Our Hours of Operation are:

- Monday to Thursday 8:30 a.m. 4:30 p.m.
- Fridays 8:30 a.m. 4:00 p.m.
- Please note, our Focused program is not well suited to evening services. Due to the client's age and the complexity of the goals, we have found that evening services may not be as effective. We do occasionally provide one session per week in the evening; however, this is subject to individual suitability and team availability.



Amy Andrews, BCBA Fee Based Program Manager, Focused

Costs of services in this guide are NOT formal estimates. A formal estimate will be provided to you after your Initial Assessment meeting with the Clinical Coordinator.

FOCUSED PACKAGES INCLUDE:

- ✓ A Behaviour Technician will work directly with the individual and provide mediator coaching (as needed) to transfer the skills taught to other environments;
- ✓ A Behaviour Consultant will provide oversight and supervision to the Behaviour Technician;
- ✓ A Clinical Manager (a Board Certified Behaviour Analyst; BCBA) will provide additional oversight and supervision to the clinical team;
- ✓ Targets 5-12 goals depending on the complexity of the goals.

FOCUSED PACKAGE 1:

2 sessions per week; each session is 3 hours in duration OR or 3 sessions per week; each session is 2 hours in duration; Total of 6 hours of service per week;

FOCUSED PACKAGE 2:

3 sessions per week; each session is 3 hours in duration; Total of 9 hours per week;

FOCUSED PACKAGE 3:

4 sessions per week; each session is 3 hours in duration; Total of 12 hours per week;

YOUR INVESTMENT*

\$19,125.89

\$27,216.70

18-WEEKS **25,319.25**

\$36,091.44

\$32,717.25

\$46,858.50

Additional hours may be recommended that would increase this cost.

Please note, additional costs may be added to our packages as required to accommodate collaboration with other professionals, use of benefits (e.g., requiring oversight from a clinical psychologist), or travel expenses

Impact Hours

What are Impact Hours?

Impact hours are the hours of service that we will deliver to our clients. Impact hours are beneficial to individuals in our services as they allow for the clinical team to: meet directly with individuals receiving service and their mediator(s), conduct assessments, deliver services, prepare programming, review data, analyze the effectiveness of services, and meet as a clinical team to ensure the quality of services being delivered. You may hear us refer to these hours as "direct" or "indirect" hours.



Direct Impact Hours:

Delivered when meeting with the individuals receiving service, their mediator(s), or collaborating with other professionals

May include:

- Conducting assessments
- Teaching new skills and behaviours
- Reviewing reports in a meeting

Indirect Impact Hours:

Delivered when the individuals receiving service, their mediator(s), or professionals are not present

May include:

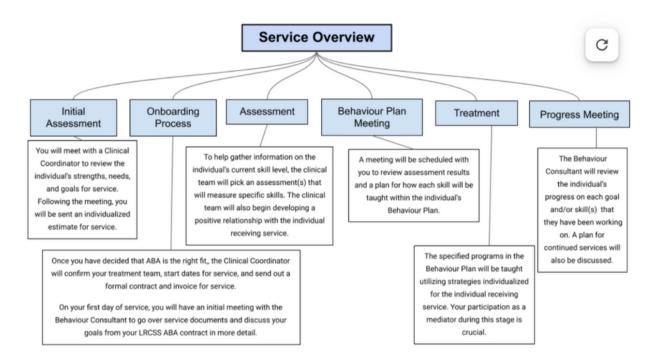
- Writing reports or programs
- Preparing materials for sessions
- Graphing data
- Analyzing data
- Discussing progress with the clinical team

Costs of Services:

We do understand that the costs of services can be a concern for families accessing services. We have done our best to reduce costs where possible. The indirect hours provided in each estimate are important components of ABA services. These hours allow the clinical team to prepare individualized assessments and programs for the individual receiving service. It also allows the team to review progress and make decisions about the effectiveness of programs and strategies. This is also an important component of the Professional and Ethical Compliance Code for Behaviour Analysts that our BCBAs comply with when providing ABA services.

If you have additional questions about our compliance code, or would like more information, you can find it here: https://www.bacb.com/wp-content/uploads/2020/05/BACB-Compliance-Code-english_190318.pdf

ABA Service Period at LRCSS



Assessment Phase:

During the assessment phase, our clinical teams will work with the individual and their mediators to gather information on the general goal(s) identified during the Initial Assessment meeting. They will measure specific skills, run standardized assessments, conduct questionnaires, and further determine some of the individual's strengths and needs. They will also develop a positive relationship with the individual.

Please note, during the assessment phase, no teaching will be provided. An individual is not expected to learn or develop new skills during this phase.

Behaviour Plan and Behaviour Plan Meeting:

During the assessment phase, the clinical team will collect data on specific skills and behaviours to work collaboratively with you to determine the measurable goals to focus on. They will then write a Behaviour Plan that outlines the specific goal, how it will be targeted, and the timeline for acquiring that goal.

The team will review this plan with you. When you sign off on this plan, this will be your consent to treatment. The team can now begin implementing the strategies in the Behaviour Plan.

Treatment (or Teaching) Phase:

During this phase, the clinical team will implement a variety of strategies as outlined in the individual's Behaviour Plan. They will collect data to review with the assigned BCBA on an ongoing basis. Revisions to the strategies listed in the Behaviour Plan may be required from time-to-time to ensure that the individual is making progress with their target goal(s).haviours to work collaboratively with you to determine the measurable goals to focus on. They will then write a Behaviour Plan that outlines the specific goal, how it will be targeted, and the timeline for acquiring that goal.

The team will review this plan with you. When you sign off on this plan, this will be your consent to treatment. The team can now begin implementing the strategies in the Behaviour Plan.

Progress Review:

The clinical team will write a report outlining the progress that the individual has made during the contract period. A meeting will occur to summarize this progress with you.

Contract Renewal:

If you or the individual are interested in continuing to work on expanding goals or if new goals have come up, the clinical team will work with the Clinical Coordinator to develop recommendations for a contract renewal. We will make all attempts to ensure no pauses or breaks in services occur in order to provide seamless services from

contract to contract.



Fee Based Group Services using ABA

At LRCSS, we provide a wide range of educational and social skills programs for children and youth to develop and strengthen a variety of skills (e.g., building healthy friendships, conversation and play skills, regulating emotions, anxiety and facing your fears, and employment skills).

Groups can be accessed by contacting our office when program registration is open. We do not take a waitlist for our group services. Families can follow us on social media to be informed of future group offerings and/or enroll to our email subscription list.

Links to these pages can be found below:

- Email subscription list: https://www.lrcss.com/newsletter
- Facebook Page: https://www.facebook.com/lrcssaba
- Website: www.lrcss.com
- Instagram: https://www.instagram.com/lrcssaba/
- Twitter: https://twitter.com/LRCSSABA

All the details related to service (e.g., costs, commitment, service dates, location of group, etc.) will be identified on a program flyer once our registration has been made available.

Group services may include:

- A complimentary initial assessment to determine eligibility;
- An individualized assessment and/or behaviour plans and/or progress reports;
- Child/youth-only sessions;
- Mediator coaching

Group participants will receive expert professional instruction as every group receives oversight by a Board Certified Behaviour Analyst (BCBA) and groups are facilitated by Registered Behaviour Technicians (RBTs).

For some children and youth social skill groups, topics covered will be based on the individual assessments and goals of the child/youth in each group. Some of our social skills groups are curriculum based to teach your child/youth specific skills (e.g., resume building, puberty, etc.)

Fee Based Group Services using ABA

Children Groups:

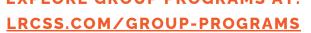
Children are selected for a group based on their group readiness skills and are paired together by their ages and skill set. Children groups will support individuals between the ages of 4 and 12 years old.

Sessions in each group are catered to the age, theme, and assessments of participants. Each group has an individualized curriculum that is based on the assessment of each child participating. Curriculums are built using the principles of ABA. Groups are designed to help children learn skills needed to make and keep friendships, understand and regulate their emotions, deal with challenges like bullying, and develop confidence in a variety of social situations. Children participate through a variety of fun activities & engaging lessons, use of tip sheets, and homework. Parents and caregivers will have opportunities to observe their children during group sessions, participate in caregiver coaching on the topics being covered, and receive progress

updates at the end of each group.

Teen Groups:

Our educational programs for teens focus on broad social skills and the specific needs of youth going through adolescence. Sessions are designed for youth with autism spectrum disorder and/or intellectual disability to help them learn skills needed to build friendships, safely begin dating, create a resume to enter the workforce, and to develop confidence in a variety of social situations. Some groups have an individualized curriculum that is based assessment of each youth participating. Curriculums are built using the principles of ABA. Youth participate in a variety of fun activities and engaging lessons, use of tip sheets, and homework. Parents and caregivers will have opportunities to observe their youth during group sessions and receive progress updates at the end of the group. **EXPLORE GROUP PROGRAMS AT:**









Payment Plans:

LRCSS offers three convenient payment plans for all Fee-Based Services: a one-time full contract payment, bi-monthly payments on the 1st and 15th, and monthly payments due on the 1st. For holidays or weekends, payments are due on the next business day.

One-time payments and deposits can be made by cash, cheque, credit cards (i.e., VISA or Mastercard), or e-transfer. For bi-monthly or monthly payment plans, clients must set up recurring credit card payments (i.e., VISA or Mastercard), pre-authorized e-transfers, or post-dated cheques.



If you would like to set up recurring credit card payments, you must sign LRCSS' "Recurring Credit Card Payment Authorization" form. Our Clinical Coordinator will provide this form to you when you receive your ABA service contract.

If you would like to set up automatic e-transfers, please ensure your payment amount is within your financial institution's daily limit. If the payment amount exceeds your daily limit, you may need to set up LRCSS as a direct deposit payee with your institution.

It should be noted that payment due dates are fixed and unrelated to invoice or service dates. Payment due dates consistently fall on the same day(s) of the month for all payments regardless of cancelled/re-scheduled sessions.

Payments can be made between 8:30 am and 4:30 pm Monday to Friday. For billing and payment inquiries, contact our Financial Administrator at finance@lrcss.com or (905) 666-9688 ext. 715. Please send e-transfers to finance@lrcss.com. In the case of insufficient funds, a charge of \$50 will be applied to your account.

Funding Methods:

Our services can be purchased by using a variety of funding sources. This includes One-Time Interim Ontario Autism Program (OAP) funding, Core Clinical OAP Services Funding, private insurance (e.g., Clinical Psychology), or other-agency funding. Services can also be purchased by paying out-of-pocket.

Unfortunately, we cannot accept payment through Special Services at Home Funding (SSAH) or Developmental Services Ontario (DSO) Passport funding due to their funding eligibility criteria; ABA services do not meet their eligibility requirements as an expense.

Please note, interim OAP funding and OAP core clinical services and support funding expires and must be used/reconciled within 1 year of receiving the funding. If you received your funding during COVID-19, the OAP provided a 6-month extension to use the funds; therefore, you must use/reconcile these funds within 18 months of receiving them.

If your OAP expiry deadline has lapsed and you still have OAP funding remaining, we suggest that you contact the OAP directly to see whether you can continue to use the funding OR whether you have to reconcile your funding and request for more.

Please contact the OAP directly: <u>OAP@ontario.ca</u> and 1-888-444-4530.



Invoices:

Invoices and receipts will be provided to you once services are rendered. They will be provided to you on one of the schedules that you choose (i.e., bi-monthly or monthly). Please allow a few days for our finance team to process payments and issue your invoice and receipt.

In order to meet the invoicing and receipt requirements for the OAP and most insurance providers, clients will receive invoices and receipts that have the following information: 1) the primary caregiver or child's name 2) a breakdown of service dates 3) a description of the services provided 4) the cost per session 5) the service provider's name and registration number (e.g., the overseeing BCBA or Clinical Psychologist name and registration number) 6) the name of agency providing service.

Please let LRCSS know in **advance** if you require any additional documentation. It should be noted that invoice revision requests may take up to two weeks to complete once original invoices have been created and additional administrative fees may be applied.

Using Insurance:

If you are planning to purchase our services using Clinical Psychologist coverage, additional fees will be applied.

Please note, LRCSS does not offer direct billing. You will be responsible for submitting all receipts to your insurance provider(s) for reimbursement. It should also be noted that most insurance providers do not reimburse until after services on the invoice have been rendered.

LRCSS is not responsible for ensuring that invoices fall within your insurance coverage limitations (e.g., yearly coverage, cost per session limit, etc.). LRCSS will provide invoices/receipts as noted above for you to send to your provider. Please contact your insurance provider prior to your service contract to ensure you will be covered.

Missed Payments:

In the event a payment for our services is missed, our financial administrator will reach out to you to remind you to make a payment. If the payment is not made within 7 days of the due date, services will be delayed/paused until the payment is received. If payment is still not received after 14 days, the service contract with us will be voided and services will be discontinued. Any cancelled sessions due to non-payment will be factored into your cancellation allotment. If the total days missed due to non-payment exceed the number of cancellations that can be rescheduled, as specified in your service contract, LRCSS will not make up for those additional missed sessions.



Attendance and Cancellation Policies

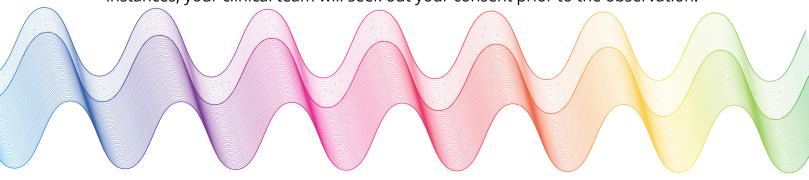
The following attendance policies help ensure more efficient service for our clients:

- a) If the client or parent/caregiver is sick, we ask that you cancel your in-person session as soon as possible in consideration of our clinician's health. Our clinicians are not permitted to work in-person with a client if the client presents with any of the following symptoms: vomiting, fever, sinus infection, diarrhea, conjunctivitis (pink eye), impetigo, chickenpox, lice, or strep throat. Clients must demonstrate at least 24 hours of improving symptoms before returning back to in-person service.
- b) Cancelled with notice: If you need to cancel a scheduled session due to sickness (or any other reason), please do so at least **three** hours in advance of your scheduled time. We will honour rescheduling up to **10% of direct sessions** when appropriate notice is provided. The specific number of sessions that can be rescheduled will be outlined in your service contract. All attempts will be made to reschedule these sessions within the contract period. If unable to schedule within the contract period, these sessions will be offered outside the contract period. Any additional cancelled sessions will not be rescheduled with the clinical team and any fees related to those sessions will not be reimbursed.
- c) Cancellation without notice and/or no-show: This session will be cancelled and will not be made up at a later time. All fees related to that session will not be reimbursed.
- d) Ontario Autism Program Core Clinical Service Funding: As stated in the Ontario Autism Program Guidelines, under the ineligible expenses section, families are not to use their OAP Core Clinical Service funding for fees associated with missed or cancelled services; therefore, you are responsible to pay associated missed or cancelled service fees.
- e) A session may be cancelled on any given day due to extreme weather conditions (e.g., snowstorms, ice storms etc.), extenuating circumstances (e.g., power outage), or staff sickness and vacation. The decision to cancel a session is at the discretion of the service provider. If LRCSS cancels any session due to these reasons, the session will be rescheduled. All attempts will be made to be rescheduled within the contract period. If unable to schedule within the contract period, these sessions will be offered outside the contract period.

Attendance and Cancellation Policies

Participation in Services:

- a) The services of LRCSS are voluntary. During the service period, client/mediator(s) have the option to decline or withdraw services at any time.
- b) LRCSS uses Applied Behaviour Analysis (ABA) to assess and provide treatment recommendations for an identified, socially significant goal. Please note, should you wish to request a change in goals, it may require a revision to the contract and fee charges may need to be adjusted.
- c) LRCSS uses a mediator based model. In this model the parent/caregiver(s) will be coached on specific assessment and treatment strategies pertinent to the identified goal(s).
- d) Client/Mediator(s) attendance and participation is required throughout all aspects of service, which may include: goal setting, assessment, collecting data, treatment implementation and treatment evaluation. Your participation in collecting objective data through your observations, in addition to interviews, is necessary for reaching meaningful outcomes.
- e) Mediator(s) are responsible to transport the client and/or themselves to and from the service location. In community settings, a designated adult is required to be present at all time(s) with the client. LRCSS staff are not permitted to remain alone with a client or transport a client/mediator(s) to and from any service location. Services will be provided as outlined in your service contract. LRCSS staff initially assigned to work with the client may change throughout the term of service. The clinical team will inform you of any changes to the schedule within two weeks, when possible.
- f) At times, LRCSS staff not assigned to work directly with the client may attend and observe a service session for the purposes of professional development. In these instances, your clinical team will seek out your consent prior to the observation.



Our Commitment to Services and to Privacy and Confidentiality

LRCSS is legally obliged to report to the appropriate authorities any child protection issues; alleged, witnessed, or suspected abuse of children or adults arising during service provision. This may involve a report to Children's Aid Society or to Durham Regional Police Services. Should our staff be required to do this during your service, we are not obligated to notify you.

The client/parent/caregiver(s) acknowledge having been advised that all LRCSS staff are bound by an "Oath of Confidentiality" unless dictated by governing legislation. If during the course of assessment or treatment, it becomes necessary for program staff to communicate with other professionals outside of the program, LRCSS will undertake to ensure written consent from the client/parent/caregiver(s) prior to requesting and/or releasing any information.

The client/parent/caregiver(s) may be viewed via video recording during some sessions. This will be used for the following purposes: to assist in the training of LRCSS staff working with the client, to assist in redesigning the client's program, clinical supervision, and as a record of the client's progress. Additional consent will be sought out if videotaping is required for any other purpose than outlined above.



ABA for All Campaign

Description:

Help us build capacity to serve a growing number of children, youth, and adults waiting for Applied Behaviour Analysis (ABA) programs in the Durham Region. Many individuals with autism and those with intellectual disabilities will rely on various supports like Applied Behaviour Analysis throughout their lives to accomplish things many of us take for granted while adapting to a world that doesn't meet their needs. This could include communication, social skills, daily living habits, and coping skills to support positive mental health and safety.

Without these valuable supports, individuals are at increased risk of social isolation, mental illness, and a lack of independence; but with these supports, the sky's the limit. You can make a positive impact by supporting the #ABAforAll campaign.

How the Support Helps Us:

Right now there is a gap in both the available funding for families and the capacity to serve a growing waitlist of individuals in need of ABA services. By supporting our #ABAforAll Campaign you can help us build the capacity to serve more individuals in our community and make services more accessible to families by reducing the cost.



Your Donation Helps Us Provide:

- Individualized ABA
- Group Programs
- Specialized Treatment Services
- Parent & Caregiver Support



For more information about the ways you can support LRCSS with this campaign, please visit our website at lrcss.com/support-lrcss.

Helpful Resources and FAQs

What is the Ontario Autism Program (OAP)?

For more information about guidelines surrounding the OAP, please refer to: Ontario Autism Program

What is Applied Behaviour Analysis?

For a comprehensive overview of ABA, please refer to:

Understanding ABA: A Quick Reference Guide for Families

Additional Documents/Resources:

- What is ABA? (LRCSS Video Summary)
- What is reinforcement? (LRCSS Video Summary)
- Applied Behaviour Analysis (Autism Speaks Canada)
- ABA Primer.pdf (ontaba.org)

What are your rights as a consumer of clinical services?

For more information on your rights as a consumer of clinical services, please refer to:

- Access to Your Clinical Information
- Ethical Billing Practices
- Your Rights to Privacy

What guidelines and practices must your BCBA follow?

For more information on the Professional and Ethical Compliance Code that BCBAs must follow, please refer to:

• The Professional and Ethical Compliance Code for Behaviour Analysts

What is the evidence for proposed treatments to help support individuals with ASD?

The following is a guide, developed by the Ontario Association for Behaviour Analysis, that reviews the evidence available for proposed treatments to help support individuals with autism.

<u>Evidence-based Practices for Individuals with ASD: Recommendations for Caregivers, Practitioners and Policy Makers (Brief Report).</u>

Additional Documents / Resources:

- <u>Evidence-based Practices for Individuals with ASD: Recommendations for Caregivers, Practitioners and Policy Makers (Full Report).</u>
- What are evidence-based practices?

Testimonials



Google Review

"Just an amazing group of staff who genuinely care about each client and their unique differences."

Parents of a 6 year old boy

"I want to say thank you to both of you and everyone else at Lake Ridge for the work with my son over the last 14 months. My wife and I have seen tremendous growth with our son and are very happy and encouraged with the path he is on."





Parent of a 16 year old client

"Thank you for all your amazing support and resources for my son. I don't have enough words to tell you how grateful I am to you. All your support is very meaningful to us and helps us as parents to support our children in a better way."

Let's Get Started!

Now that you have a thorough understanding of our Fee Based Services and how they work reach out and let's explore the best options for your family member.







LEARN MORE

At Lake Ridge Community Support
Services we believe everyone can
thrive. It's our mission to deliver
quality, individualized behavioural
services to ensure each and every
client gets the support they need to
reach their potential.

Let's get started today.







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