



Everyone can thrive

# FEE BASED SERVICES GUIDE

Individualized ABA Services and Pricing

# Table of Contents

01

## CONSULTATIVE ABA

Consultative ABA Services .....	1
Consultative ABA Pricing .....	2

02

## FOCUSED ABA

Focused ABA Services .....	3
Focused ABA Pricing .....	4

03

## IMPACT HOURS

What are Impact Hours? .....	5
Costs of Services .....	5

04

## ABA SERVICE PERIOD AT LRCSS

Assessment Phase .....	6
Behaviour Plan and Behaviour Plan Meeting .....	6
Treatment (or Teaching) Phase .....	7
Progress Review .....	7
Contract Renewal .....	7

05

## FEE BASED GROUP PROGRAMS

Fee Based Groups .....	8
Children's Groups .....	9
Teen Groups .....	9

06

## TESTIMONIALS

Testimonials .....	10
--------------------	----



# Consultative ABA Services

The ABA program that will work for your family will be determined based on your commitment to service, budget, and complexity of the individual's goals. This will be further discussed with the Clinical Coordinator during your Initial Assessment.

Our Consultative service packages typically target 1 or 2 individualized goals.

Services are delivered in two ways: (a) A caregiver coaching model where we work with caregivers to learn the tools to support individuals with their goals; (b) A direct service model where we work directly with the individual and provide caregiver coaching.

Our Hours of Operation are:

- Monday to Thursday 8:30 a.m. - 7:30 p.m.
- Fridays 8:30 a.m. - 4:00 p.m.
- Please note that our evening services are in high demand and therefore the wait time for evening time slots may be longer. As well, evening hours are not always recommended based on an individual's age or goals.



Tarisha Singh, BCBA  
Fee Based Program Manager, Consultative & Group Programs

Costs of services in this guide are NOT formal estimates. A formal estimate will be provided to you after your Initial Assessment meeting with the Clinical Coordinator.

## CONSULTATIVE PACKAGE 1:

- ✓ The consultative service will provide caregiver coaching and some 1:1 teaching to the individual and will work towards transferring learned skills to new or various environments.
- ✓ A Behaviour Consultant will provide direct service to the client and support caregiver coaching;
- ✓ A Clinical Manager will provide additional oversight and supervision to the clinical team;

## YOUR INVESTMENT\*

20-WEEKS

**\$6,906.69**

25-WEEKS

**\$8,442.72**

### CONSULTATIVE PACKAGE 1:

- ✓ 1 session per week for 1 hour;
- ✓ Targets 1 priority service goal (2 goals if time permits);

Additional hours may be recommended that would increase this cost.

\*Please note, additional costs may be added to our packages as required to accommodate collaboration with other professionals, use of benefits (e.g., requiring oversight from a clinical psychologist), or travel expenses\*



## CONSULTATIVE PACKAGES 2 & 3:

- ✓ A Behaviour Technician will work directly with the individual and provide mediator coaching to transfer the skills taught to other environments;
- ✓ A Behaviour Technician will provide direct service to the client or support caregiver coaching;
- ✓ A Behaviour Consultant will provide oversight to the Behaviour Technician if one is included in your service model and may also support direct sessions and caregiver coaching;
- ✓ A Clinical Manager will provide additional oversight and supervision to the clinical team

### CONSULTATIVE PACKAGE 2:

- ✓ 2 sessions per week; each session is 1 hour in duration; Total of 2 hours per week;
- ✓ Targets 1 or 2 priority service goals;

### CONSULTATIVE PACKAGE 3:

- ✓ 2 sessions per week; each session is 2 hours in duration; Total of 4 hours per week;
- ✓ Targets multiple service goals (2 to 4 goals depending on the complexity of the goal);

## YOUR INVESTMENT\*

20-WEEKS

**\$11,549.65**

25-WEEKS

**\$15,421.85**

20-WEEKS

**\$15,582.19**

25-WEEKS

**\$19,288.17**

Additional hours may be recommended that would increase this cost.

\*Please note, additional costs may be added to our packages as required to accommodate collaboration with other professionals, use of benefits (e.g., requiring oversight from a clinical psychologist), or travel expenses\*

# Focusd ABA Services

The ABA program that will work for your family will be determined based on your commitment to service, budget, and the complexity of the individual's goals. This will be further discussed with the Clinical Coordinator during your Initial Assessment.

Our Focused Packages typically target between 5 - 12 goals depending on the complexity of the goal.

Our Hours of Operation are:

- Monday to Thursday 8:30 a.m. - 4:30 p.m.
- Fridays 8:30 a.m. - 4:00 p.m.
- *Please note, our Focused program is not well suited to evening services. Due to the client's age and the complexity of the goals, we have found that evening services may not be as effective. We do occasionally provide one session per week in the evening; however, this is subject to individual suitability and team availability.*

Costs of services in this guide are NOT formal estimates. A formal estimate will be provided to you after your Initial Assessment meeting with the Clinical Coordinator.



Amy Andrews, BCBA  
Fee Based Program Manager, Focused



## FOCUSED PACKAGES INCLUDE:

- ✓ A Behaviour Technician will work directly with the individual and provide mediator coaching (as needed) to transfer the skills taught to other environments;
- ✓ A Behaviour Consultant will provide oversight and supervision to the Behaviour Technician;
- ✓ A Clinical Manager (a Board Certified Behaviour Analyst; BCBA) will provide additional oversight and supervision to the clinical team;
- ✓ Targets 5-12 goals depending on the complexity of the goals.

## YOUR INVESTMENT\*

### FOCUSED PACKAGE 1:

- ✓ 2 sessions per week; each session is 3 hours in duration OR or 3 sessions per week; each session is 2 hours in duration; Total of 6 hours of service per week;

18-WEEKS  
**\$19,125.89**

26-WEEKS  
**\$27,216.70**

### FOCUSED PACKAGE 2:

- ✓ 3 sessions per week; each session is 3 hours in duration; Total of 9 hours per week;

18-WEEKS  
**25,319.25**

26-WEEKS  
**\$36,091.44**

### FOCUSED PACKAGE 3:

- ✓ 4 sessions per week; each session is 3 hours in duration; Total of 12 hours per week;

18-WEEKS  
**\$32,717.25**

26-WEEKS  
**\$46,858.50**

Additional hours may be recommended that would increase this cost.

\*Please note, additional costs may be added to our packages as required to accommodate collaboration with other professionals, use of benefits (e.g., requiring oversight from a clinical psychologist), or travel expenses\*

# Impact Hours

## What are Impact Hours?

Impact hours are the hours of service that we will deliver to our clients. Impact hours are beneficial to individuals in our services as they allow for the clinical team to: meet directly with individuals receiving service and their mediator(s), conduct assessments, deliver services, prepare programming, review data, analyze the effectiveness of services, and meet as a clinical team to ensure the quality of services being delivered. You may hear us refer to these hours as “direct” or “indirect” hours.



### Direct Impact Hours:

Delivered when meeting with the individuals receiving service, their mediator(s), or collaborating with other professionals

May include:

- Conducting assessments
- Teaching new skills and behaviours
- Reviewing reports in a meeting

### Indirect Impact Hours:

Delivered when the individuals receiving service, their mediator(s), or professionals are not present

May include:

- Writing reports or programs
- Preparing materials for sessions
- Graphing data
- Analyzing data
- Discussing progress with the clinical team

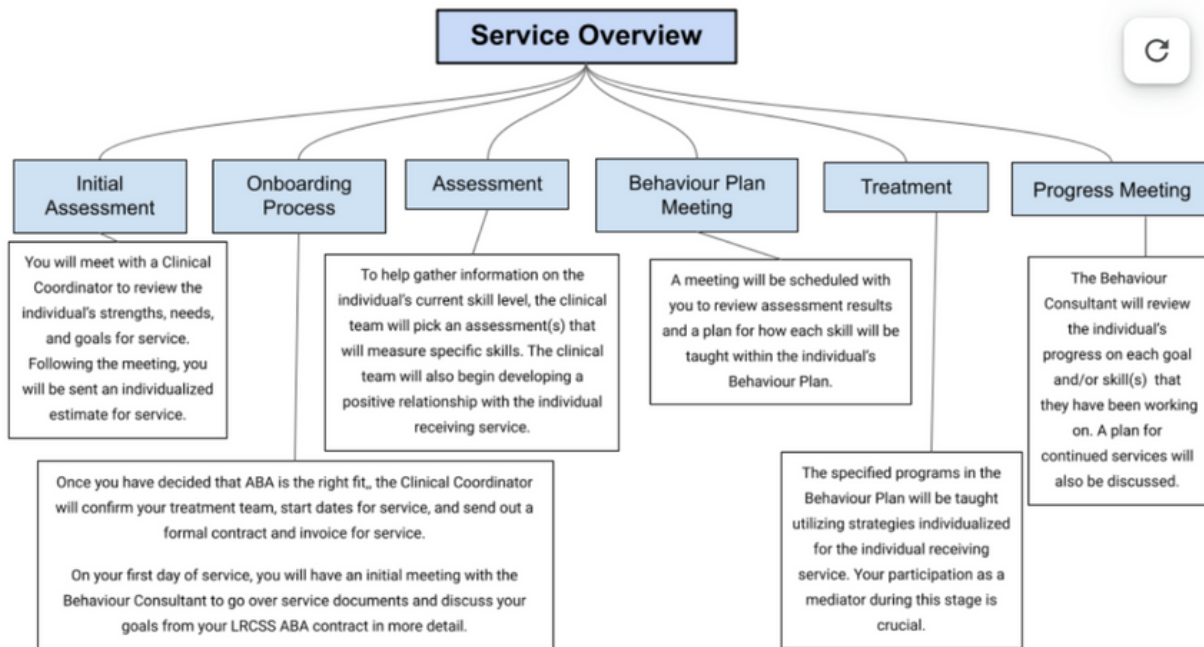
## Costs of Services:

We do understand that the costs of services can be a concern for families accessing services. We have done our best to reduce costs where possible. The indirect hours provided in each estimate are important components of ABA services. These hours allow the clinical team to prepare individualized assessments and programs for the individual receiving service. It also allows the team to review progress and make decisions about the effectiveness of programs and strategies. This is also an important component of the Professional and Ethical Compliance Code for Behaviour Analysts that our BCBAs comply with when providing ABA services.

If you have additional questions about our compliance code, or would like more information, you can find it here: [https://www.bacb.com/wp-content/uploads/2020/05/BACB-Compliance-Code-english\\_190318.pdf](https://www.bacb.com/wp-content/uploads/2020/05/BACB-Compliance-Code-english_190318.pdf)



# ABA Service Period at LRCSS



## Assessment Phase:

During the assessment phase, our clinical teams will work with the individual and their mediators to gather information on the general goal(s) identified during the Initial Assessment meeting. They will measure specific skills, run standardized assessments, conduct questionnaires, and further determine some of the individual's strengths and needs. They will also develop a positive relationship with the individual.

***Please note, during the assessment phase, no teaching will be provided. An individual is not expected to learn or develop new skills during this phase.***

## Behaviour Plan and Behaviour Plan Meeting:

During the assessment phase, the clinical team will collect data on specific skills and behaviours to work collaboratively with you to determine the measurable goals to focus on. They will then write a Behaviour Plan that outlines the specific goal, how it will be targeted, and the timeline for acquiring that goal.

The team will review this plan with you. When you sign off on this plan, this will be your consent to treatment. The team can now begin implementing the strategies in the Behaviour Plan.

**Treatment (or Teaching) Phase:**

During this phase, the clinical team will implement a variety of strategies as outlined in the individual's Behaviour Plan. They will collect data to review with the assigned BCBA on an ongoing basis. Revisions to the strategies listed in the Behaviour Plan may be required from time-to-time to ensure that the individual is making progress with their target goal(s).haviours to work collaboratively with you to determine the measurable goals to focus on. They will then write a Behaviour Plan that outlines the specific goal, how it will be targeted, and the timeline for acquiring that goal.

The team will review this plan with you. When you sign off on this plan, this will be your consent to treatment. The team can now begin implementing the strategies in the Behaviour Plan.

**Progress Review:**

The clinical team will write a report outlining the progress that the individual has made during the contract period. A meeting will occur to summarize this progress with you.

**Contract Renewal:**

If you or the individual are interested in continuing to work on expanding goals or if new goals have come up, the clinical team will work with the Clinical Coordinator to develop recommendations for a contract renewal. We will make all attempts to ensure no pauses or breaks in services occur in order to provide seamless services from contract to contract.





# Fee Based Group Services using ABA

At LRCSS, we provide a wide range of educational and social skills programs for children and youth to develop and strengthen a variety of skills (e.g., building healthy friendships, conversation and play skills, regulating emotions, anxiety and facing your fears, and employment skills).

Groups can be accessed by contacting our office when program registration is open. We do not take a waitlist for our group services. Families can follow us on social media to be informed of future group offerings and/or enroll to our email subscription list.

Links to these pages can be found below:

- Email subscription list: <https://www.lrcss.com/newsletter>
- Facebook Page: <https://www.facebook.com/lrcssaba>
- Website: [www.lrcss.com](http://www.lrcss.com)
- Instagram: <https://www.instagram.com/lrcssaba/>
- Twitter: <https://twitter.com/LRCSSABA>

All the details related to service (e.g., costs, commitment, service dates, location of group, etc.) will be identified on a program flyer once our registration has been made available.

Group services may include:

- A complimentary initial assessment to determine eligibility;
- An individualized assessment and/or behaviour plans and/or progress reports;
- Child/youth-only sessions;
- Mediator coaching

Group participants will receive expert professional instruction as every group receives oversight by a Board Certified Behaviour Analyst (BCBA) and groups are facilitated by Registered Behaviour Technicians (RBTs).

For some children and youth social skill groups, topics covered will be based on the individual assessments and goals of the child/youth in each group. Some of our social skills groups are curriculum based to teach your child/youth specific skills (e.g., resume building, puberty, etc.)

# Fee Based Group Services using ABA

## Children Groups:

Children are selected for a group based on their group readiness skills and are paired together by their ages and skill set. Children groups will support individuals between the ages of 4 and 12 years old.

Sessions in each group are catered to the age, theme, and assessments of participants. Each group has an individualized curriculum that is based on the assessment of each child participating. Curriculums are built using the principles of ABA. Groups are designed to help children learn skills needed to make and keep friendships, understand and regulate their emotions, deal with challenges like bullying, and develop confidence in a variety of social situations. Children participate through a variety of fun activities & engaging lessons, use of tip sheets, and homework. Parents and caregivers will have opportunities to observe their children during group sessions, participate in caregiver coaching on the topics being covered, and receive progress updates at the end of each group.

## Teen Groups:

Our educational programs for teens focus on broad social skills and the specific needs of youth going through adolescence. Sessions are designed for youth with autism spectrum disorder and/or intellectual disability to help them learn skills needed to build friendships, safely begin dating, create a resume to enter the workforce, and to develop confidence in a variety of social situations. Some groups have an individualized curriculum that is based on the assessment of each youth participating. Curriculums are built using the principles of ABA. Youth participate in a variety of fun activities and engaging lessons, use of tip sheets, and homework. Parents and caregivers will have opportunities to observe their youth during group sessions and receive progress updates at the end of the group.

**EXPLORE GROUP PROGRAMS AT:  
[LRCSS.COM/GROUP-PROGRAMS](https://lrcss.com/group-programs)**



# Testimonials



## Google Review

“Just an amazing group of staff who genuinely care about each client and their unique differences.”

## Parents of a 6 year old boy

“I want to say thank you to both of you and everyone else at Lake Ridge for the work with my son over the last 14 months. My wife and I have seen tremendous growth with our son and are very happy and encouraged with the path he is on.”



## Parent of a 16 year old client

“Thank you for all your amazing support and resources for my son. I don’t have enough words to tell you how grateful I am to you. All your support is very meaningful to us and helps us as parents to support our children in a better way.”



# Let's Get Started!

Now that you have a thorough understanding of our Fee Based Services and how they work reach out and let's explore the best options for your family member.



[SCHEDULE A CALL](#)



[LEARN MORE](#)

At Lake Ridge Community Support Services we believe everyone can thrive. It's our mission to deliver quality, individualized behavioural services to ensure each and every client gets the support they need to reach their potential.

Let's get started today.



905-666-9688

[lrcss@lrcss.com](mailto:lrcss@lrcss.com)

[www.lrcss.com](http://www.lrcss.com)

