



I CAN DO IT: A “How-to” Lesson on Teaching Children with ASD Daily Living Skills

Activities of daily living (ADL) are important for children with Autism Spectrum Disorder (ASD) to learn in order to achieve independence and learn skills they will need for life.

The focus of this workshop is to provide practical strategies to help you develop skills on how to teach activities of daily living to your children. Topics that will be covered include:

- **How to pick what skills/activities to teach**
- **How to break down tasks into teachable steps**
- **How to teach the skills and monitor progress**
- **How to apply these strategies to other skills in the future**

Parents/caregivers will participate in interactive hands-on activities and will receive resources to help support their child at home.

Eligibility Criteria:

Parents/caregivers of children with ASD registered with the Ontario Autism Program and living in the Durham Region. No cost required.

If your child is not currently registered with the Ontario Autism Program but you are interested in our workshops, contact Lake Ridge Community Support Services at (905) 666-9688 to learn more.

Parent Workshop

**Monday,
March 18, 2019
6:00 to 7:30pm**

Register online at:

**[www.LRCSS.com/
training-events/calendar/](http://www.LRCSS.com/training-events/calendar/)**

Having trouble registering online?
Contact Grandview Kids at
(905) 728-1673 ext. 2248
for assistance with registration.

LOCATION

**Grandview Children’s Centre
600 Townline Road South
Oshawa**