

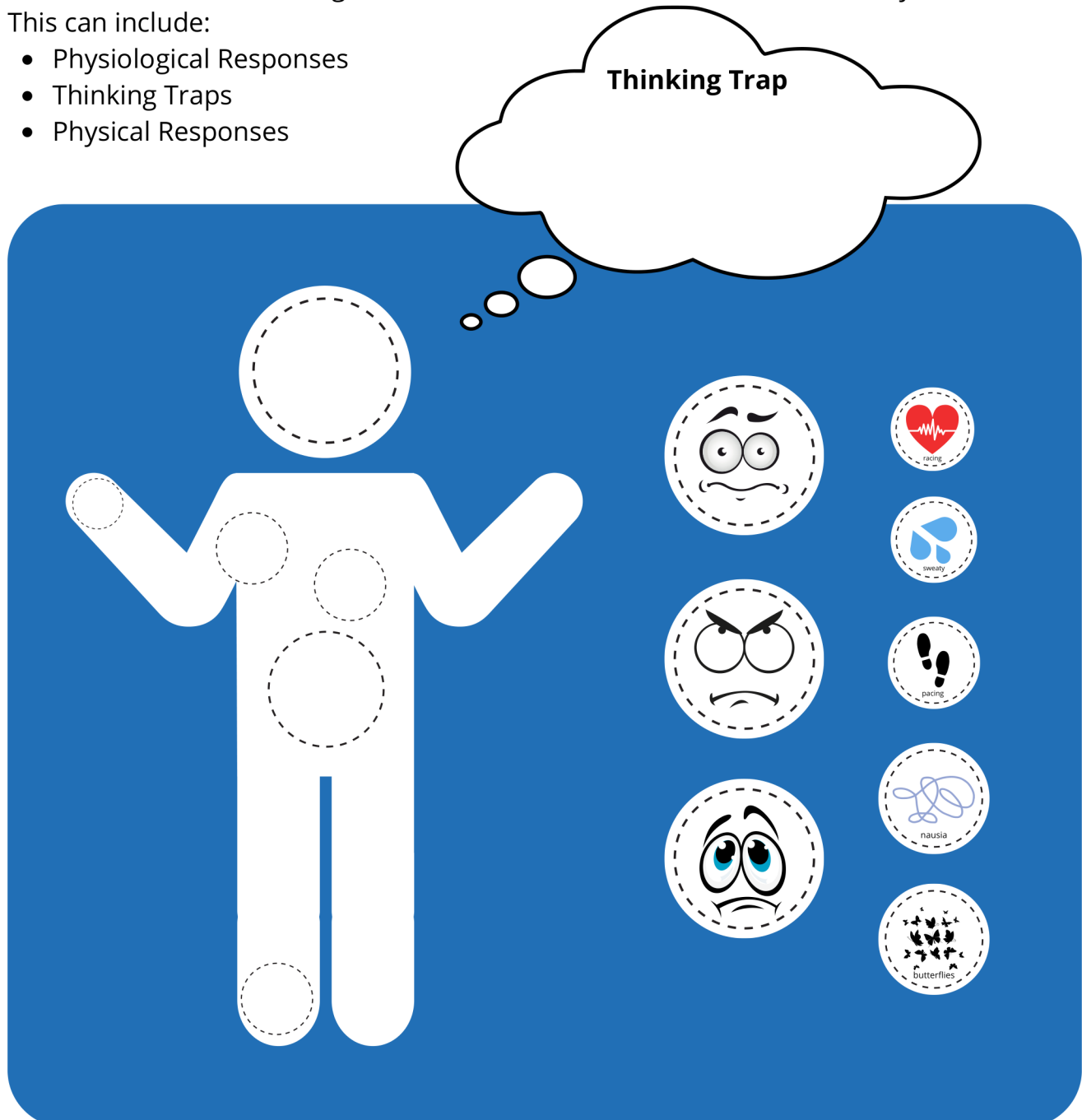
# Body Map

Draw or cut out and glue on a facial expression that relates to what you are feeling.

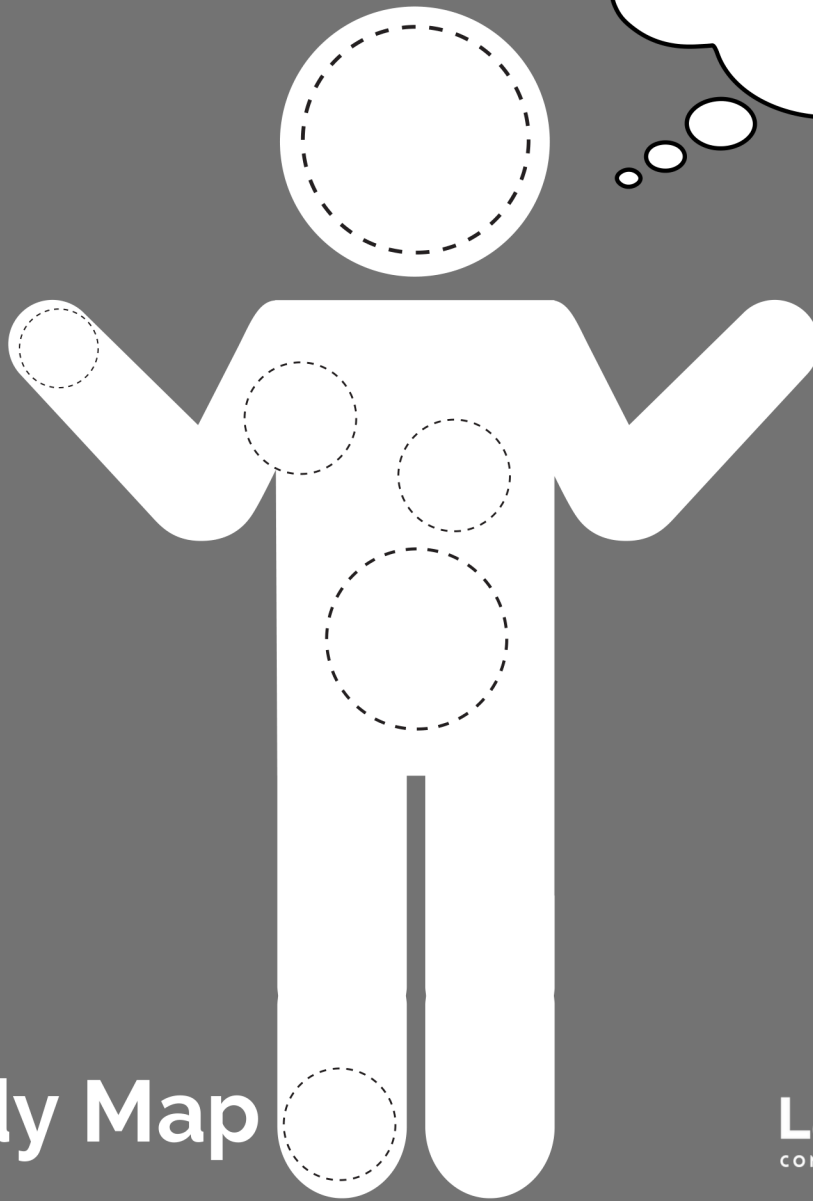
Draw/write or cut out and glue on the different sensations felt in the body.

This can include:

- Physiological Responses
- Thinking Traps
- Physical Responses



Thinking Trap



# Body Map



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