

Visiting Family over the holidays



During the holiday season, many people like to visit their families.

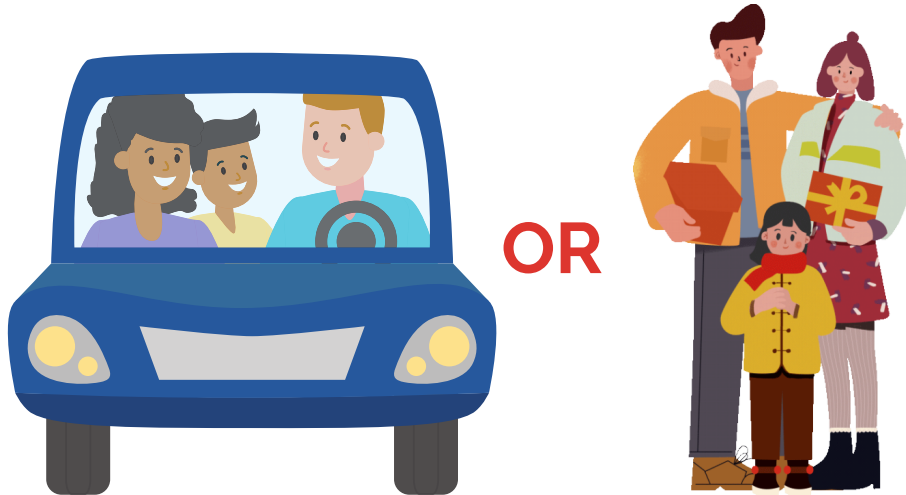


Families can include Grandparents, brothers and sisters, aunts, uncles and cousins.

We will visit: _____.



I may go to family and friends' homes to visit or they may come and visit at my house.



When I visit my family it's nice to say "Happy Holidays" or another special greeting.

I will say: _____
when I see my family.



Some people will want to give me a hug or a kiss because they are happy to see me. I can say no if I am uncomfortable and that's ok.

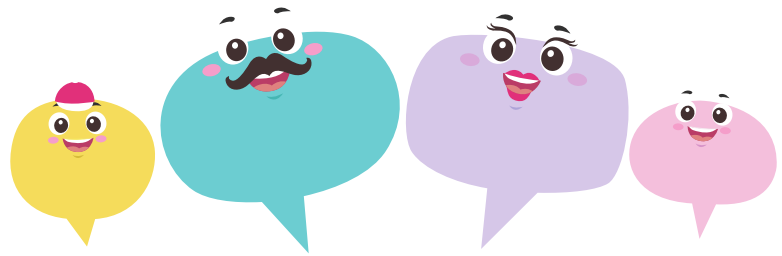
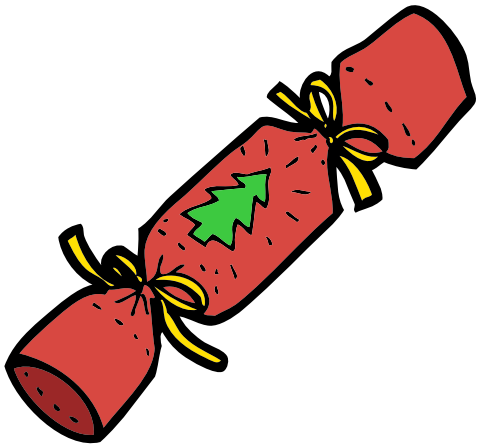


My family will talk and visit each other.
Some families will have dinner, open presents and play games.

My family will: _____.



There may be lots of new people,
sounds, smells and sights.



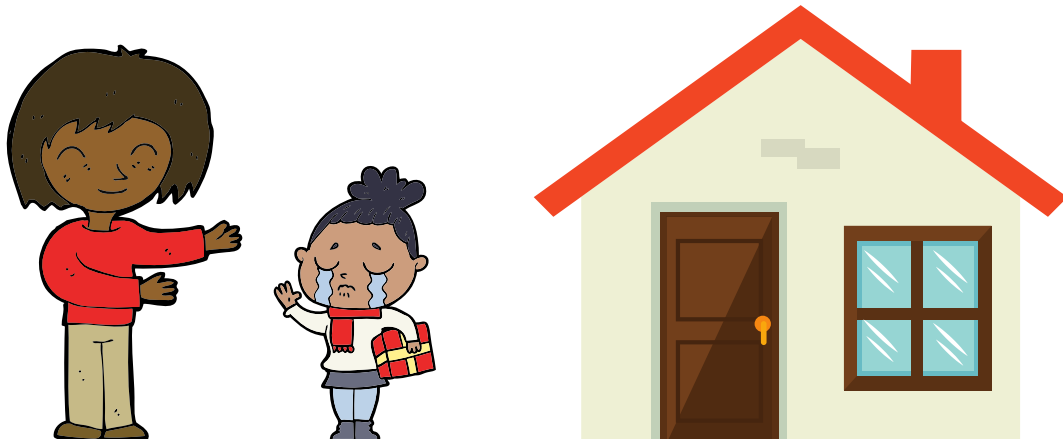
If it gets overwhelming I can use
my calming strategies or ask my
parents/family to help.



I may give and receive gifts and cards from family & friends.



If I do not like a gift I received or I already have it that's ok. I can tell my mom or dad when I get home.



This is how I will visit my family during the holidays.





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Ircss.com
or join our online parent portal at
Ircss.thinkific.com**

